Wild Medicine: Spring - Ali English



After exploring the wonders of hedgerow medicine throughout summer, autumn, and winter, Ali English completes her seasonal cycle with a look at the possibilities for herbal medicine in springtime.

Rating: Not Rated Yet **Price**

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Sales price \$19.95

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Description

Gloriously illustrated with Ali's own photographs and packed with recipes, remedies, suggestions, foraging tips, and ideas for making the most out of the early months of the year, this book is a beautiful introduction to foraging in spring.

Reviews

There are yet no reviews for this product.

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