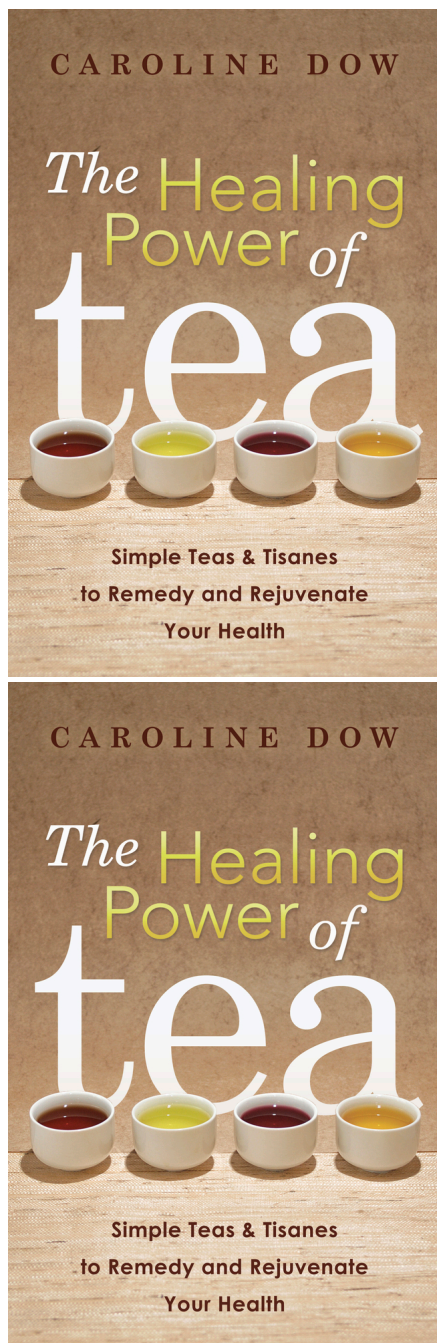


The Healing Power Of Tea - Dow



Improve Your Health & Wellness with the Power of Tea

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$16.99

Sales price without tax \$16.99

Tax amount

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Description

Filled with "tea-riffic" knowledge, this comprehensive guide to the healing world of teas and tisanes helps you live a healthier and happier life. From black to green to oolong, discover detailed chapters on different tea types, their advantages, and an extensive list of ailments and what blends will alleviate them.

Whether you're an expert tea drinker or a new convert, author Caroline Dow teaches you the many delicious benefits of tea and herbal infusions. Discover tea's fascinating history, recipes, and an easy-to-use reference guide. Learn about blending, preparation and consumption, and how to grow your own herb garden. With both healing and preventative uses, tea is an ideal choice for healthy living.

Reviews

There are yet no reviews for this product.