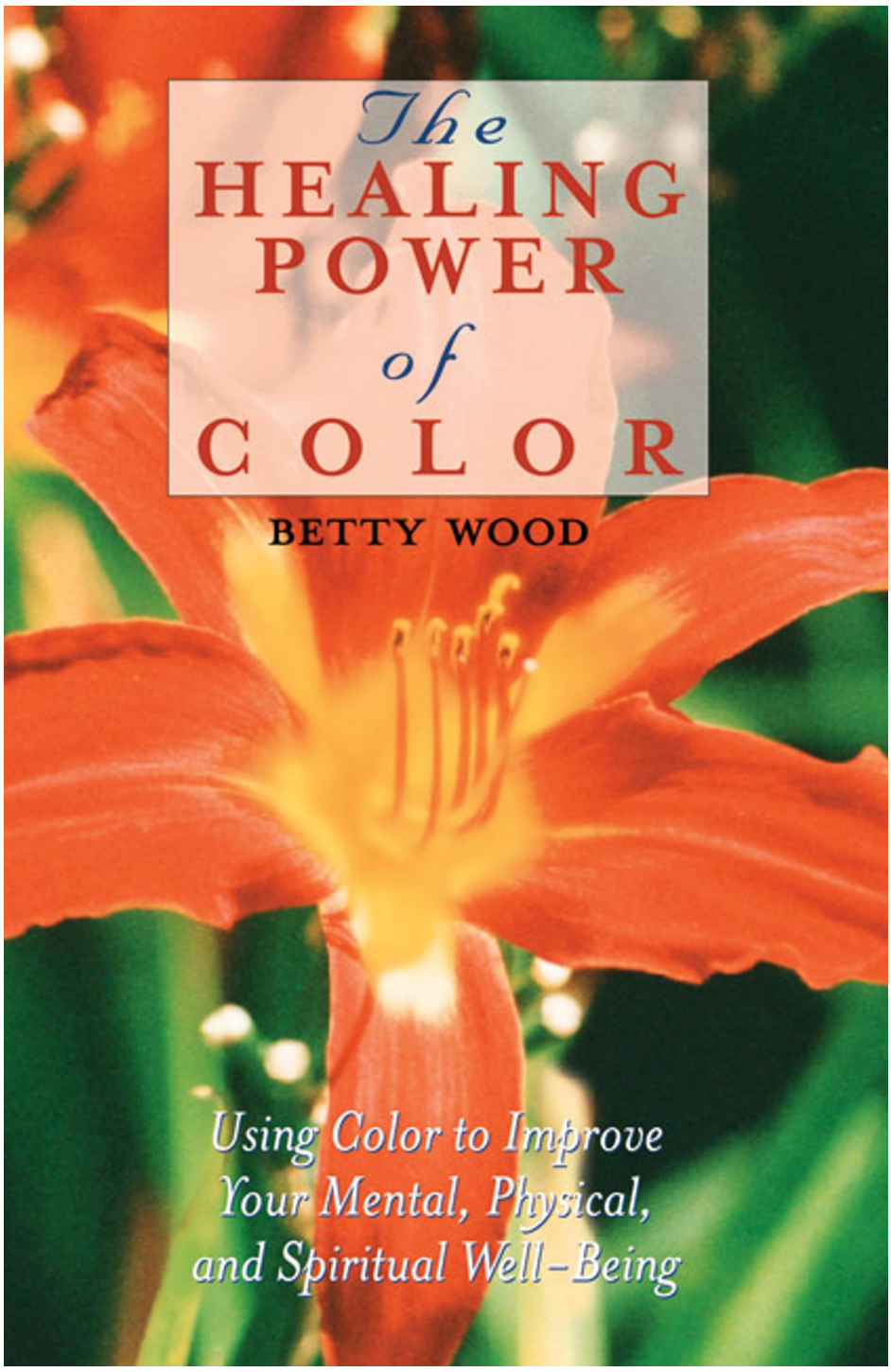
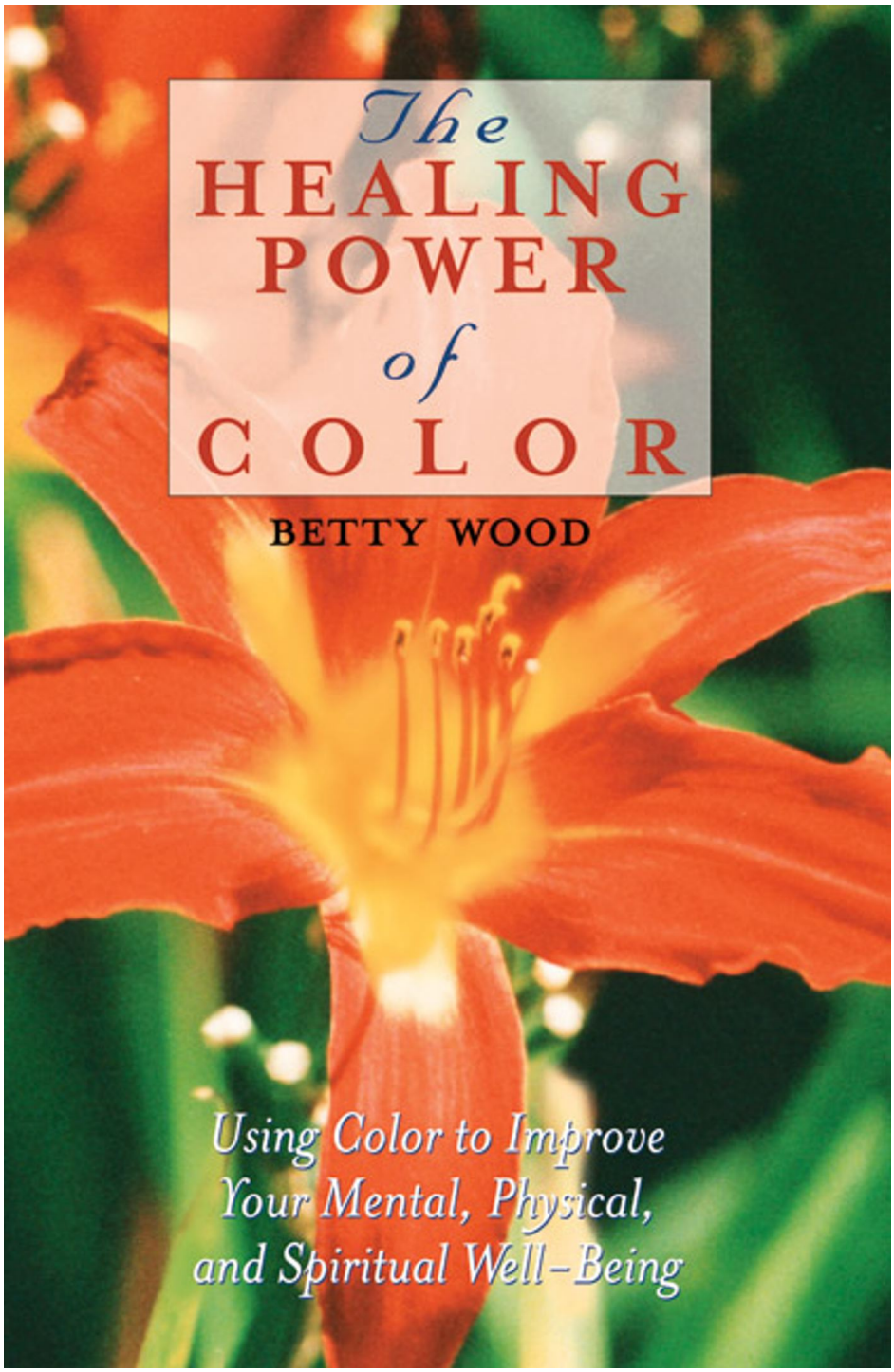
The Healing Power of Color - Wood, Betty





Using Color to Improve Your Mental, Physical, and Spiritual Well-Being

Rating: Not Rated Yet
Price
Salesprice with discount

Sales price $14.95

Sales price without tax $14.95

Tax amount

Ask a question about this product

Description

A look at the hidden role color plays in every aspect of our lives.

• Explores the use of color in ancient civilizations and its recent applications in modern medicine and psychology.

• Shows how color can be used to improve work, increase plant growth, and enhance personal magnetism.

• Explains how to interpret color in dreams.

Why are we drawn to certain colors and repelled by others? What do our color preferences say about our personalities? How does color affect our emotions? The Healing Power of Color answers these questions and many more as it explores the use of color in ancient civilizations, its basis in the healing traditions of various cultures, and its recent applications in modern medicine and psychology. Betty Wood, an accomplished color healer, explains how to interpret color in dreams and provides guided color meditation exercises designed to heal, relax, and renew the spirit. She discusses the importance of color in nature, in our home and work environments, and in our personal energy fields. She also shows how color can be used to improve work, increase plant growth, and enhance personal magnetism.

Reviews

There are yet no reviews for this product.