The Great Work - Lazic



Fusing ancient Western spirituality, energy work, and psychology, The Great Work is a practical guide to personal transformation season by season.

Rating: Not Rated Yet **Price** Salesprice with discount

Sales price \$27.99

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Description

Learn to be truly holistic by incorporating key physical, emotional, and energetic practices into your life at times when the natural tides are in harmony with your process.

The Great Work captures the core essence of each festival with eight key themes that span the annual cycle—a cycle that reflects human development and experience. Discover how Yule can alleviate a painful childhood, how Beltane can facilitate conscious relationships, and how Mabon can assist with determining your life's purpose. Find guidance through daily journal questions, elemental meditations, and the author's unique energy-healing technique of Hynni. With this invaluable resource for your journey of inner alchemy, you'll develop an intimate connection with the earth's impulse to create balance and harmony.

Reviews

There are yet no reviews for this product.