

The Book Of Sacred Baths - Kouffman Sherman



Immerse Yourself in Healing Waters for Relaxation, Clarity, and Wholeness

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$18.99

Sales price without tax \$18.99

Tax amount

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Description

"Sacred bathing brings the ancient tradition of meditation and prayer into the modern day ritual practice of a home bath, so that you can connect to Spirit daily and purify your energy."—Dr. Larry Dossey, author of *One Mind* and *The Science of Premonitions*

Gain inspiration and rejuvenation through the sacred act of bathing. With fifty-two bath recipes, one for every week of the year, *The Book of Sacred Baths* shows you how to use this relaxing practice to improve your love life, succeed in your career, strengthen your health, and transform your spirit.

Each recipe is tailored to a specific emotional or spiritual need, from stress relief to divine assistance to self-connection for overall well-being. Using essential oils, candles, and color therapy along with visualization and ritual practice, you'll raise your vibration and release negative energy down the drain.

Reviews

There are yet no reviews for this product.