## **Shamanism For Beginners - Endredy**



Healers and visionaries, food-finders and rainmakers—as intermediaries between the physical and spirit worlds, shamans have served a vital role in indigenous cultures for more than 40,000 years.

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## Description

The timeless wisdom of the shaman also holds relevance for the challenges we face today.

James Endredy explores shamanic paths from around the globe and discusses the tools, rituals, and beliefs that are common to most traditions. You'll discover how shamans are chosen and initiated, and how they establish a relationship with power animals, ancestors, and other inhabitants of the spirit realm. Along with many stories from his own experiences, Endredy shares insights from other scholars in the field, including Mircea Eliade, Michael Harner, and Holger Kalweit, and from indigenous shamans throughout history.

Shamanism for Beginners concludes with a thoughtful, empowering look at how shamanic practices can help restore balance and peace to our lives and the earth.

## Reviews

There are yet no reviews for this product.

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