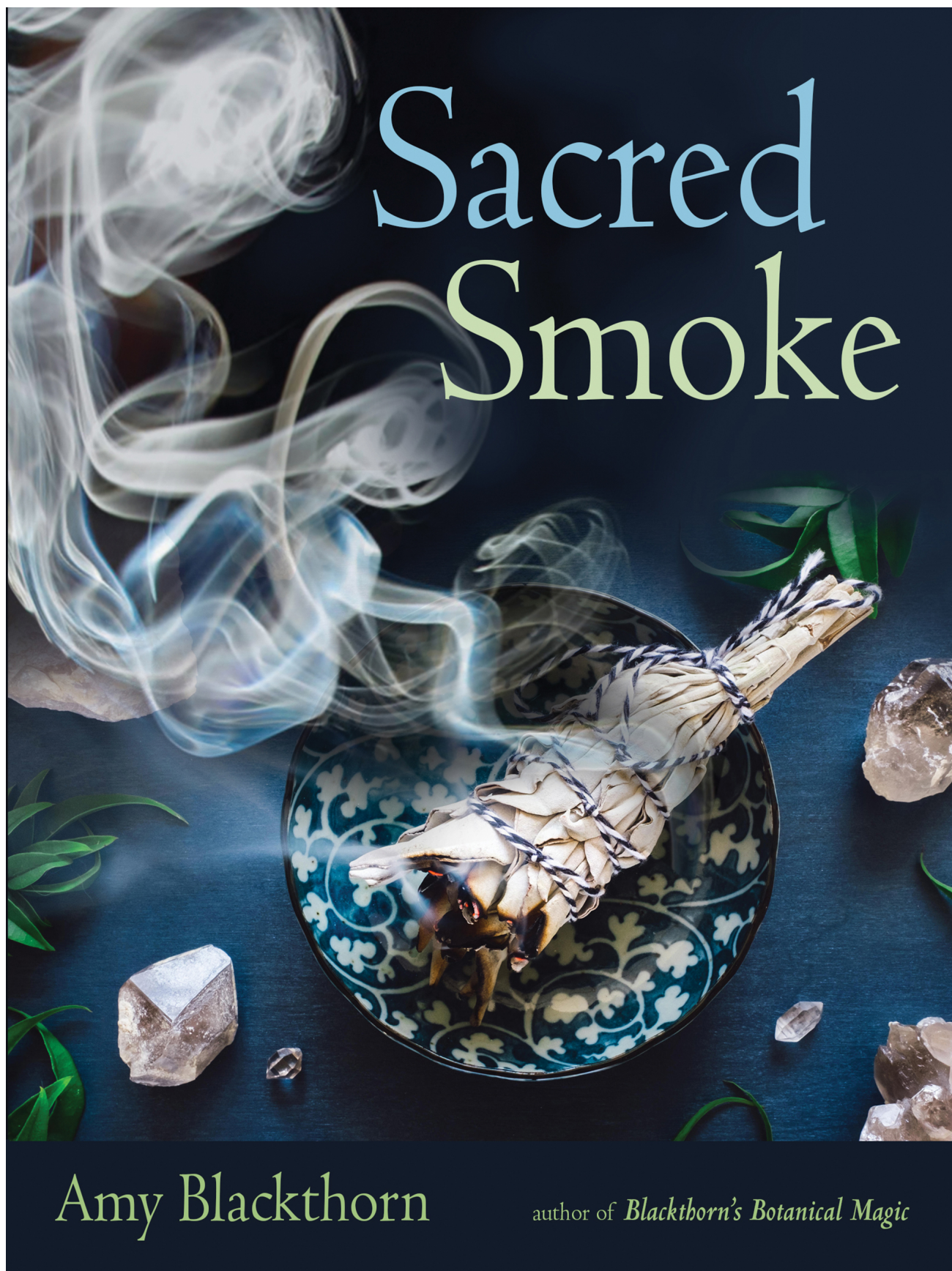
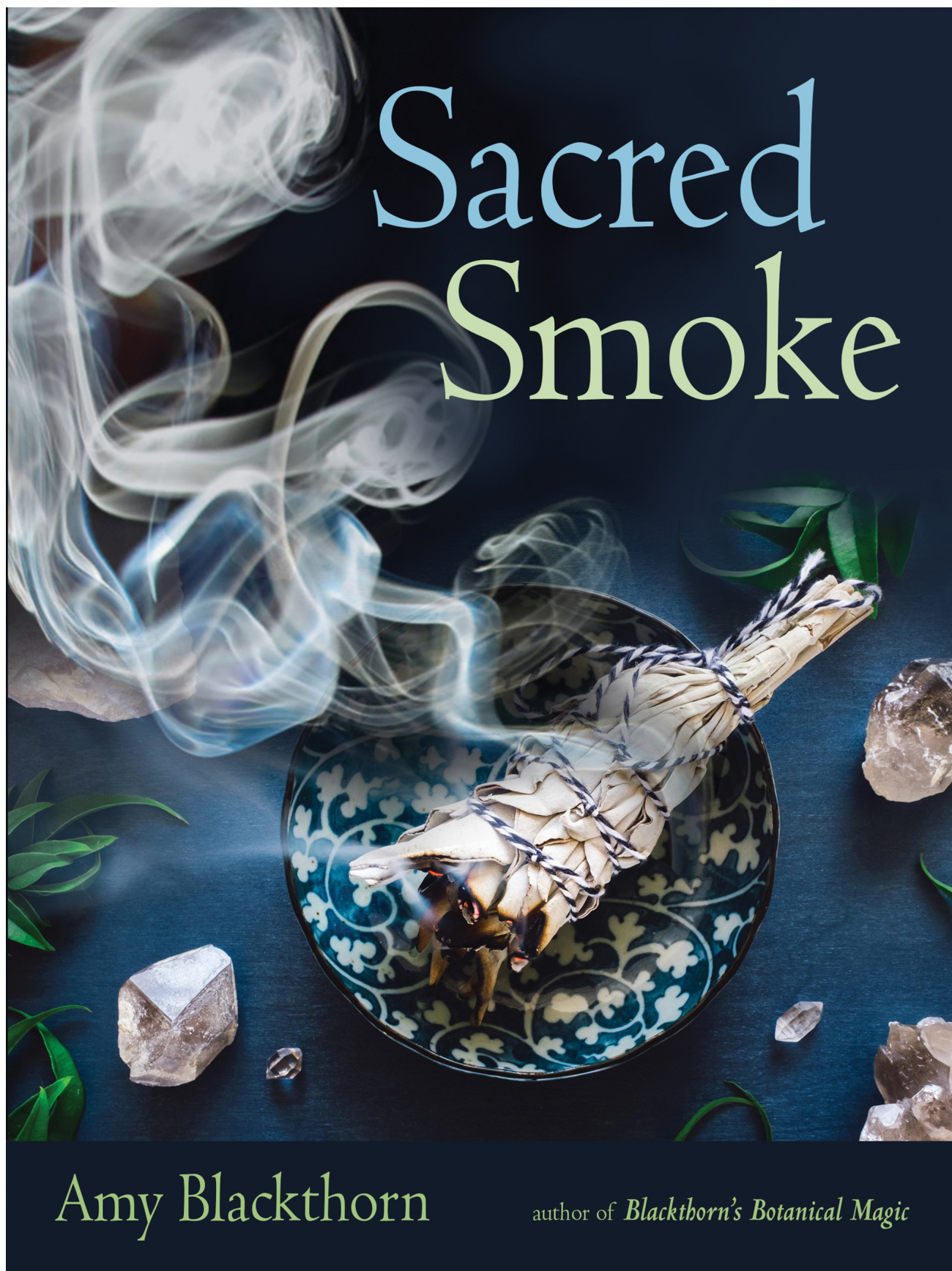


Sacred Smoke - Blackthorn





Learn how to create a sacred space free of negativity

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$16.95

Sales price without tax \$16.95

Tax amount

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Description

This clear and contemporary guide explores the ritual use of smoke and scents to cleanse the energies of mind, body, and home. Here, aromatherapist and long-time herbalist Amy Blackthorn offers the essential tools for creating sacred space—a safe space free of negative energies—using herbs, incense, smoke, and other practices.

Written in an accessible style, free of jargon, Sacred Smoke has everything you need to know to get started on your practice of purification and cleansing, including:

- The importance of self-care
- How to keep your home and family safe
- How to protect your home while you are away
- Adding crystals to your cleansing practice
- Using essential herbs and recipes for creating cleansing smoke

Sacred Smoke is an essential guide for anyone seeking to practice the ritual use of cleansing and clearing to protect and heal themselves, their home, and their family.

Reviews

There are yet no reviews for this product.