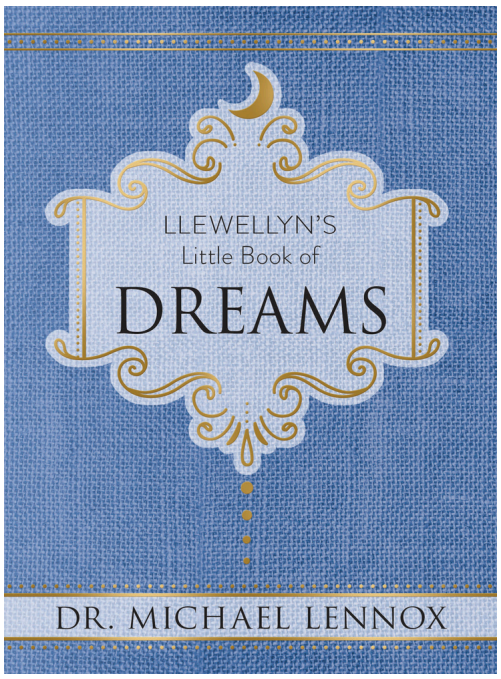
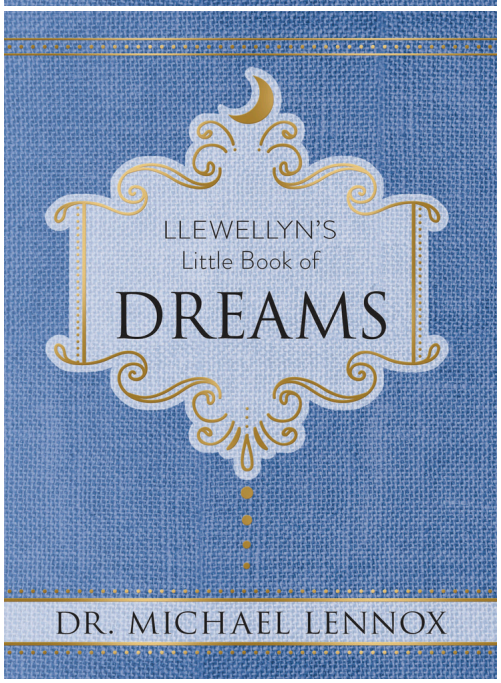
Llewellyn's Little Book Of Dreams - Lennox





A pocket-sized guide to dreams and interpretation for improved understanding of your journey through life.

Rating: Not Rated Yet
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Description

Dreams are intensely personal, and they offer unparalleled insight to the depths of who you are and where you are in your journey. Llewellyn's Little Book of Dreams is a simple and concise reference guide, using language that speaks directly to the dreamer.

Discover the basics of dream interpretation and the history of Freudian and Jungian approaches. Explore the contemporary scientific understanding of sleep and dreams, as well as tips for remembering dreams, dream journaling, and using dreams to enhance your creativity. With expanded dictionary style entries on common dream archetypes, this book provides symbolic meanings and ideas for connecting dream images to your personal life.

Reviews

There are yet no reviews for this product.