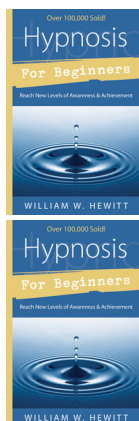


## Hypnosis for Beginners: Reach New Levels of Awareness & Achievement



This friendly introductory guide to hypnosis will show you how to achieve your dreams using hypnosis and self-hypnosis.

Rating: Not Rated Yet

### Price

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### Description

Completely relaxing and natural, hypnosis is a highly effective way to reach personal goals, overcome phobias and fears, eliminate bad habits, improve memory—the possibilities are nearly endless! Using the easy step-by-step instructions in this book, you will quickly be able to hypnotize yourself or others.

- Lose weight
- Quit smoking
- Gain confidence
- Overcome fears and phobias
- Heal more quickly
- Improve money management skills
- Release stress
- Increase creativity
- Discover your past lives

### Reviews

There are yet no reviews for this product.