

Herbal Book Of Making And Taking, The - Hedley And Shaw

The Herbal Book of Making and Taking



Christopher Hedley and Non Shaw

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This book is intended as a companion for herbalists and for herbal students at established universities and schools of herbal medicine.

Rating: Not Rated Yet

Price

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Description

It is filled with wisdom and experience and restores plants and the kitchen to center stage, covering a vast range of herbal preparations from soups to suppositories. It includes exercises and tasks for the interested student along with recipes and detailed instructions on how to make numerous medicines. Written by two experts in the field, this is an invaluable resource of information, distilled down to a handy pocket-sized book.

Reviews

There are yet no reviews for this product.