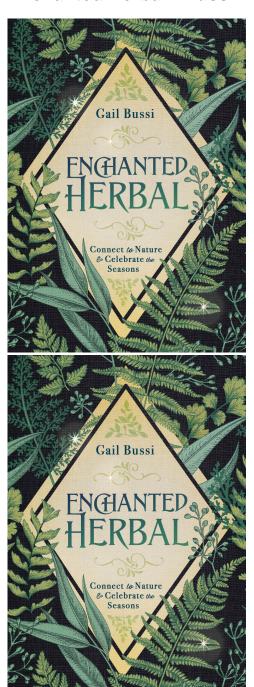
Enchanted Herbal - Bussi



CONNECT TO NATURE & CELEBRATE THE SEASONS

Rating: Not Rated Yet **Price**

Salesprice with discount

Sales price \$12.59

Sales price without tax \$12.59

1 / 2

Tax amount

Ask a question about this product

Description

An Herbal Journey of Self-Care and Healing

Grow into a healthier and more authentic version of yourself with the gifts, lessons, and opportunities of nature and the seasons. This practical book invites you on a nourishing journey for both your body and spirit, providing dozens of recipes, meditations, rituals, and journaling prompts. You'll make and enjoy a wide variety of foods, drinks, and household products, including:

- Soups & Salads
- Cakes & Casseroles
- Body Scrubs & Balms
- Oils & Lotions
- Teas & Tonics
- Jellies & Sauces Mists & Sprays
- Elixirs & Natural Cleansers

Enchanted Herbal helps you use herbs and flowers to their fullest potential. You'll learn how to grow your own herbs, incorporate essential oils into your practice, and celebrate nature's seasonal changes throughout the year. From creation and renewal remedies in spring to peace and reflection exercises in winter, this wonderful book guides you in becoming a more magical and joyful person year-round.

Reviews

There are yet no reviews for this product.

2 / 2