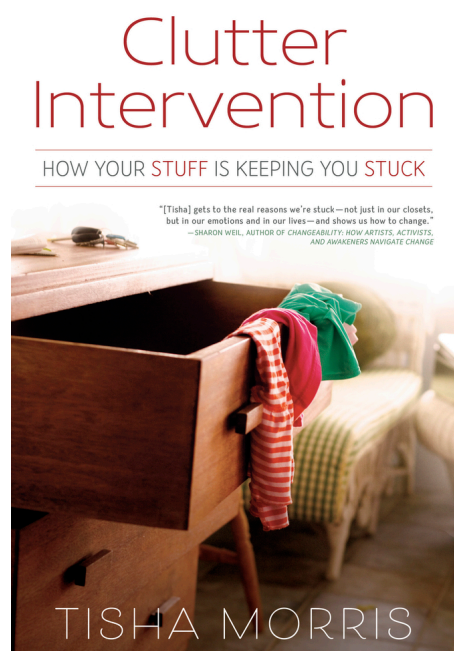
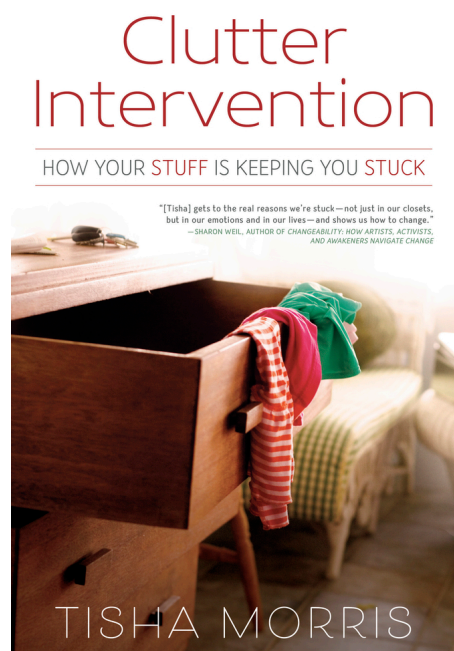


## Clutter Intervention - Tisha Morris



Get to the Heart of Why It's So Hard to Let Go of Your Stuff

Rating: Not Rated Yet

**Price**

Salesprice with discount

Sales price \$17.99

Sales price without tax \$17.99

Tax amount

[Ask a question about this product](#)

### Description

"This is the book we need now...[It] illuminates the deeper "whys" behind each kind of clutter in your home so that you can peacefully release everything you need to and live buoyantly again!"—Sarah Bamford Seidelmann, author of *Swimming with Elephants: My Unexpected Pilgrimage from Physician to Healer*

What's your clutter actually covering up? Once you're aware of the real issue, letting go is simple and decluttering can happen immediately. Using step-by-step instructions and easy-to-understand explanations, Tisha Morris shows you how to move into a new phase of life by ridding yourself of all that's holding you back. Everything in your home is an extension of your identity, and when you keep old stuff for too long, you get stuck in the past.

Clutter Intervention teaches you about the psychological, emotional, and energetic components underlying your possessions, making it easier for you to let go and live authentically. Discover ways to clear out items associated with your past relationships, jobs, and unhealed grief. Learn how to handle blind spots, common excuses, and overcompensation. This book isn't about living with less. It's about living in alignment with the life you want.

### Reviews

There are yet no reviews for this product.