Bringing the Tarot to Life - Scott Martin



Embody the Cards Through Creative Exploration

Rating: Not Rated Yet **Price** Salesprice with discount

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Description

For many readers, tarot cards reveal their deepest wisdom through creative interaction. Bringing the Tarot to Life shows how to use theater games and acting techniques to gain new insights into the cards. With more than fifty imaginative exercises to be practiced alone or with a group, this book unlocks your intuitions and helps you experience the cards from the inside out.

Just as an actor prepares for a new role, you can explore tarot through emotions, memories, role-playing, observation, bodywork, and imagination. This book is the perfect guide for readers who want outside-the-box techniques for relating to the cards from the deepest parts of the soul.

Includes a foreword by Rachel Pollack, author of The New Tarot Handbook.

Reviews

There are yet no reviews for this product.