

Big Book Of Chakras & Chakra Healing, The - Shumsky, DD

THE BIG BOOK OF
CHAKRAS
AND
CHAKRA
HEALING

How to Unlock Your
Seven Energy Centers for
Healing, Happiness,
and Transformation

SUSAN SHUMSKY



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Although they are often misunderstood, the chakras are important facets of health and spirituality and when properly attuned can lead to happier

and healthier lives.

Rating: Not Rated Yet

Price

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Description

In The Big Book of Chakras and Chakra Healing, Dr. Susan Shumsky delves into the ancient Tantric and Vedic literature to uncover the veiled mysteries of the ages, where the most authentic information about the 7 chakras, 7 subchakras, and the subtle energy system can be found.

By reading this valuable book, you will:

Discover your subtle body and energy field and how to heal blockages.

Gain understanding of kundalini energy and the chakra system.

Understand how to use visualization to access your chakras.

Learn to maintain the health of your energy field.

The Big Book of Chakras and Chakra Healing is perfect for novices and experienced practitioners alike and will lead you on a journey of discovery, balance, and enlightenment.

Reviews

There are yet no reviews for this product.