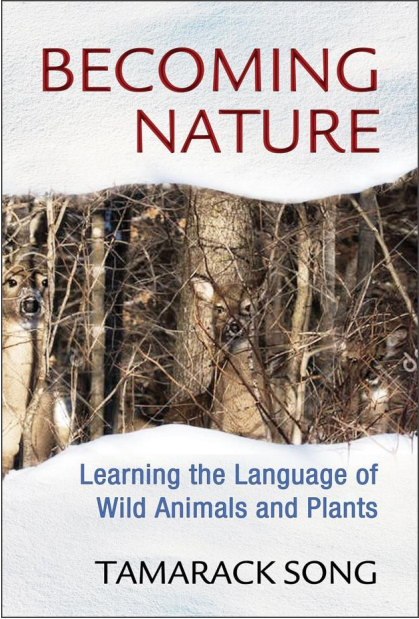
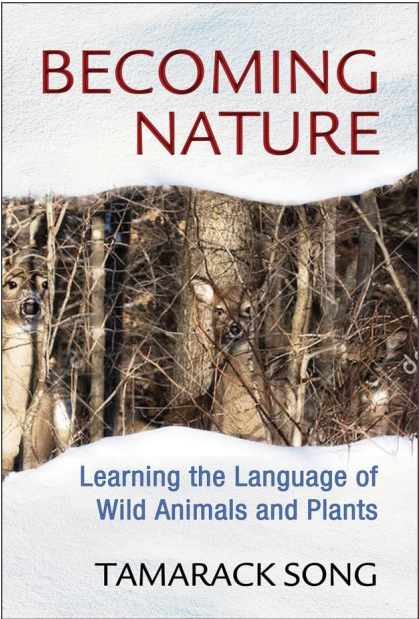


Becoming Nature - Tamarack Song



Learning the Language of Wild Animals and Plants Through exercises and experiential stories, the author guides us to immerse ourselves in Nature at the deepest levels of perception, which allows us to sense the surrounding world and the living beings in it as extensions of our own awareness.

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$18.00

Sales price without tax \$18.00

Tax amount

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Description

A step-by-step guide to animal communication, connecting with your primal mind, and immersing yourself in Nature

- Includes exercises for learning how to become invisible within Nature, sense hidden animals, and communicate with wild animals and birds
- Explains how to approach wild animals and form friendships with them
- Details the intuitive awareness of our hunter-gatherer ancestors and their innate oneness with Nature

Animals and plants are in constant communication with the world around them. To join the conversation, we need only to connect with our primal mind and recognize that we, too, are Nature. Once in this state, we can communicate with animals as effortlessly as talking with friends. The songs of birds and the calls of animals start to make sense. We begin to see the reasons for their actions and discover that we can feel what they feel. We can sense the hidden animals around us, then get close enough to look into their eyes and touch them. Immersed in Nature, we are no longer intruders, but fellow beings moving in symphony with the Dance of Life.

In this guide to becoming one with Nature, Tamarack Song provides step-by-step instructions for reawakening the innate sensory and intuitive abilities that our hunter-gatherer ancestors relied upon--abilities imprinted in our DNA yet long forgotten. Through exercises and experiential stories, the author guides us to immerse ourselves in Nature at the deepest levels of perception, which allows us to sense the surrounding world and the living beings in it as extensions of our own awareness. He details how to open our minds and hearts to listen and communicate in the wordless language of wild animals and plants. He explains how to hone our imagining skill so we can transform into the animal we are seeking, along with becoming invisible by entering the silence of Nature. He shows how to approach a wild animal on her own terms, which erases her fear and shyness.

Allowing us to feel the blind yearning of a vixen Fox in heat and the terror of a Squirrel fleeing a Pine Marten, the practices in this book strip away everything that separates us from the animals. They enable us to restore our kinship with the natural world, strengthen our spiritual relationships with the animals who share our planet, and discover the true essence of the wild within us.

Reviews

There are yet no reviews for this product.