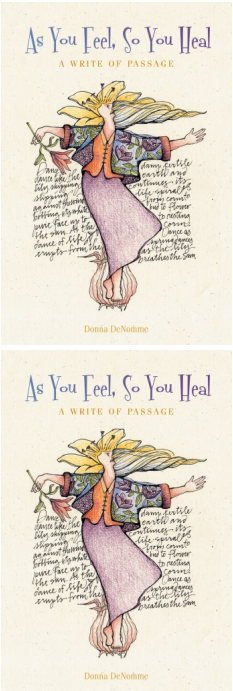


As You Feel, So You Heal - DeNomme



What if you could dance freely through life’s emotional ups and downs?

Rating: Not Rated Yet
Price
Salesprice with discount

Sales price \$19.99

Sales price without tax \$19.99

Tax amount

[Ask a question about this product](#)

Description

What if you could connect with your innermost character and ultimately, gain unshakable self-acceptance? In Write of Passage, award-winning author Donna DeNomme leads you on a journey of self-acceptance through writing. Using engaging stories, exploratory journaling prompts, and contemplative meditations, DeNomme provides clear, practical strategies to comfort and encourage you as you move through five gateways: awakening, departure, meeting life’s challenge, venturing into the inner cave, and returning with the golden insights. Whether you make your way with pen and paper or simply meditate on its thought-provoking content, you’ll gain a deeper appreciation of your authentic self by discovering emotional guideposts for personal healing and soul evolution.

Reviews

There are yet no reviews for this product.

