

5-Ingredient Vegan - Atlas



Make fast, fun, and delicious vegan meals at home—using just five ingredients per dish!

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$24.95

Sales price without tax \$24.95

Tax amount

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Description

Solve the daily dilemma of planning meals that are healthy, tasty, and ready to eat in half an hour or less. Vegan expert Nava Atlas has created super-simple, plant-based recipes that incorporate fresh produce, good quality canned and frozen foods, whole grains, and timesaving off-the-shelf prepared sauces. With dishes like Scallion Pancakes, Baked Polenta Fries, Coconut Sweet Potato Bisque, Spinach Pesto Pasta, Salsa Verde Bean Burritos, and Chocolate Granola Clusters, this collection is a vegan feast!

Reviews

There are yet no reviews for this product.