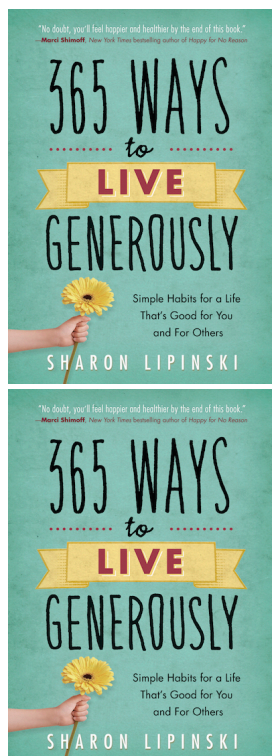


365 Ways to Live Generously - Sharon Lipinski



Create Your Best Life through Generosity. The only thing standing between you and the life you want are your habits.

Rating: Not Rated Yet

Price

Salesprice with discount

Sales price \$16.99

Sales price without tax \$16.99

Tax amount

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Description

"Sharon Lipinski highlights a path to greater personal and professional success."—Adam Grant, Wharton professor and New York Times bestselling author of Give and Take

Create Your Best Life through Generosity

The only thing standing between you and the life you want are your habits. 365 Ways to Live Generously features lessons each day that focus on one of the seven generosity habits:

- Physical health
- Mindfulness
- Relationships
- Connecting with yourself

- Gratitude
- Simplicity
- Philanthropy

Each habit appears once a week, giving you a year to practice and make them all a part of your daily life. Learn why the habits are important, discover tips based on the latest research about making positive change, and explore simple exercises for building new routines. Improve yourself and make a difference in the world with journaling prompts and generous acts. Using this inspiring book, you'll develop the habits needed to create a life that's good for you and others.

Reviews

There are yet no reviews for this product.